# Putting on, removing, and washing your cloth mask.

**1** Before you put on your cloth mask, wash your hands with soap and water for at least 20 seconds. If soap and water aren't available, use an alcohol-based hand sanitizer.

**2** Only handle the strings or loops when putting on your mask. Be sure the mask covers the mouth and nose, and ensure there aren't any gaps around the mask. Avoid touching the front of the mask while wearing it.

**3** Remove your mask by the strings or loops. Remember, don't touch the front of the mask! Again, wash your hands with soap and water for at least 20 seconds, or use hand sanitizer.

**4** Wash your cloth mask at least daily, or when if gets damp or dirty. Use detergent and your washer's HOT water setting to sanitize the mask. Toss it in the drier to get it nice and dry for its next use. Remember to wash your hands before touching your clean mask.

April 2020